



APRIL 2010

UPDATE

THE NEWSLETTER FOR **WATERBURY HOSPITAL EMPLOYEES** & NETWORK AFFILIATES

After more than a quarter-century of service to Waterbury Hospital...

JOHN TOBIN ANNOUNCES PLANS TO RETIRE

1975



“We are really looking forward to becoming grandparents and I celebrate my 65th birthday in October. This is the right time to move on to the next chapter in my life.”

- *John Tobin*

President and CEO of Waterbury Hospital

A long and distinguished era in the history of Waterbury Hospital is set to come to an end on December 31. Hospital President and CEO **John H. Tobin** announced his plans to retire after serving nearly a quarter of a century as the hospital's top executive.

“I have had the privilege of serving Waterbury Hospital as CEO for an unusually long time,” Tobin said, adding that his decision was made after long and careful consideration with his wife, Maura.

Tobin said the process of searching for his replacement has already begun and will likely take five to seven months. He added that he intends to be closely involved in the process while also keeping employees informed as the search progresses.

“Given my commitment to Waterbury Hospital's continued success, and my genuine affection for the staff who work so hard in service to our community, a seamless transition to a new chief executive is of the utmost importance to me,” he said.

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2010



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YEARS OF SERVICE

Waterbury Hospital's Neonatology and Perinatology Programs:

GIVING TROUBLED BABIES A FIGHTING CHANCE

Joseph Tuggle, MD, one of Waterbury Hospital's experts in the field of neonatology, remembers very clearly what it was that caused him to concentrate on babies rather than adults – a Ding Dong and a Diet 7-Up.

It was early in Dr. Tuggle's career when, after completing a 24-hour rotation, he encountered a woman in a hospital elevator who appeared to be about 40 pounds overweight and was munching a Ding Dong snack cake and sipping a can of soda.

“I realized right then that there was only so much you can do to help adults because many of them make these really self-destructive decisions,” he said. “But with babies, you are working to help these tiny beings

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Joseph Tuggle, MD



Pictured above are Waterbury Hospital Special Care Nursery staff members, left to right: **Elaine Mailhot, RN**; **Joseph Tuggle, MD**; **Edmund Funai, MD**; and **Patrice Jones, PA**.

Waterbury Hospital's Neonatology and Perinatology Programs:

GIVING TROUBLED BABIES A FIGHTING CHANCE

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who are doing everything in their power to live. I just found myself gravitating to this field."

The commitment and expertise that specialists like Dr. Tuggle bring in their efforts to care for troubled babies are what make Waterbury Hospital stand out from many other hospitals, both in Connecticut and around the country. From the initial stages of pregnancy to the challenging weeks that usually follow delivery, Waterbury Hospital boasts a team of experts and caregivers who give babies the best possible chance of gaining a solid foothold on life.

A neonatologist is a pediatric subspecialist who is trained to help prematurely delivered babies overcome respiratory and other medical obstacles and learn how to breathe on their own. The hospital's neonatology program, based in the Special Care Nursery on Pomeroy 3, is able to successfully treat babies who have been delivered as early as 28 weeks into a pregnancy. The program features Dr. Tuggle and his partner, **Diana Lippi, MD**, who are based out of their practice, Complete Newborn Care in Southbury.

Perinatologists in the hospital's Family Birthing Center, meanwhile, are obstetricians with subspecialty training in the diagnosis and management of high-risk pregnancies. The perinatology program boasts a team of highly skilled and experienced perinatologists from Yale-New Haven Hospital who have been working at Waterbury Hospital since 2002. The team is headed up by **Edmund Funai, MD**, a renowned perinatologist who has worked closely with **Anne Hebner, RN**, the Director of the hospital's Family Birthing Center, to provide world-class care for mothers who are in danger of losing their babies in the months and weeks leading up to delivery.

The team of perinatologists now works two full days a week at Waterbury Hospital, treating fetuses facing a variety of problems. Dr. Funai said he is grateful to the hospital for the level of support it provides the program, including an investment in a 4D-capable ultrasound machine that has greatly enhanced the program's capacity to identify issues early in a pregnancy.

"It's a very rewarding field to be in because of the significant difference you can make in someone's life," he said. "A lot of doctors will tell you that the first time you deliver a baby, it either gets you or it doesn't. And it definitely got me."

The doctors in both programs are assisted by a top-notch team of physician assistants (PAs) and nurses who are extremely dedicated to their vulnerable young patients.

"I've always been interested in helping kids," said **Patrice Jones**, a PA in the Special Care Nursery who worked as a music teacher in Italy before embarking on a career in medicine. "This is a great job because you're not only a caregiver, but also an educator because you're trying to teach these new moms how to care for their kids."

The neonatology and perinatology programs are also highly regarded by the obstetricians who work at the hospital and often consult with the neonatologists and perinatologists on individual cases.

"It's a tremendous resource for us," said **John Lewis, MD**, a hospital-affiliated obstetrician who is based in Waterbury at the Center for Women's Health in Connecticut. "To have these world-class physicians available for us really enhances the level of care we can provide our patients." 📍

JOHN TOBIN ANNOUNCES PLANS TO RETIRE

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Tobin joined Waterbury Hospital in 1975 and served in several administrative capacities before being named CEO of Waterbury Hospital in 1986. He helped establish a wide-ranging health delivery system not only for patients at Waterbury Hospital, but for the entire region. Additionally, Tobin was instrumental in bringing both the Harold Leever Regional Cancer Center and the Heart Center of Greater Waterbury to the community.

A Waterbury native, Tobin and his wife live in Southbury. They have three sons and will become first-time grandparents in June. "We obviously are really looking forward to becoming grandparents and I celebrate my 65th birthday in October," he said.

Tobin also hinted at what his future may hold once his tenure at Waterbury Hospital concludes: "I earned a Doctorate of Management degree in 2003, and when my work is finished here, I may explore opportunities to put that combination of education and extensive experience to use, basically keeping my mind active but mixed with more leisure time." He concluded, "This is the right time to move on to the next chapter in my life." 📍




Pharmacy Residency Program Receives Accreditation

Waterbury Hospital's pharmacy residency program which began in 2008 as a way for hospital pharmacists to further their expertise in the field, has been granted full accreditation by the American Society of Health System Pharmacists, according to **Bahar Matusik**, the hospital's Clinical Pharmacy Coordinator and Program Director for the Postgraduate Year One Pharmacy Residency Program.


"We're very excited and pleased," said Matusik, who met last fall with a team of surveyors from the accrediting agency who evaluated Waterbury Hospital's pharmacy residency program.

The surveyors came away highly impressed with Waterbury Hospital's program, which is now in its second year and includes two full-time residents, Matusik said.

The accreditation will serve to enhance the program's reputation. By submitting the program to outside peer review, it shows the hospital's commitment to excellence in residency training, she said. The pursuit of accreditation also provides for resources such as information regarding critical issues in residency training, a match program for selecting residency candidates and opportunities for networking with other residency preceptors. The residency program lasts for one year and allows licensed pharmacists to further their professional development and add to their credentials. 




Research Day 2010 Coming to Waterbury Hospital

Research Day, the annual research competition among the region's medical community, will take place Friday, May 21 in the Bizzozero Conference Room, with more than 40 projects on display on posters that will be set up in the hospital's tunnel entrance. The competition, which is sponsored by Waterbury Hospital and Saint Mary's Hospital, will include a keynote address from **Rosemarie L. Fisher, MD**, Director and Associate Dean of Graduate Education at Yale-New Haven Hospital and Professor of Medicine at Yale University School of Medicine. Dr. Fisher's address, entitled "Educating Physicians in an Era of Duty Hours," will be followed by a formal reviewing of the various medical research projects, which will be presented not only on posters but also through oral presentations. A panel of judges from medical institutions across the state will then hand out awards to the winning projects. 




Celebrating Our Volunteers

April 18-24 was Volunteer Week at Waterbury Hospital – a time when all hospital employees and visitors show their appreciation for the 330 volunteers who give their time and energy to over 40 different hospital departments. Shown left to right are volunteers **Dorothy Oliveira**, **Carmen Mancuso**, **Claire Hirst** and **Judy Campbell** in the gift shop. 



Auxiliary Makes Generous Gift Toward Educating Staff on End-of-life Care

The Waterbury Hospital Auxiliary, Inc., recently donated \$3,000 to help educate hospital staff about end-of-life care. Pictured left to right are Auxiliary President **Mary Calvo, RN**, presenting a check to **Sue Manzolino, RN**, the Assistant Director of Pomeroy 5. The floor is home to the hospital's rooms for hospice and oncology patients. At far right in the photo is **Tom Missett**, the hospital's Chief Fund Development Officer and liaison to the Auxiliary. 

*Celebrate
National
Donate Life Month*



April is National Donate Life Month, and Waterbury Hospital is asking employees and visitors to consider becoming an organ and tissue donor in order to save lives. People of all ages and medical histories are eligible to become potential donors, depending on their medical condition at the time of death. Every major religion in the United States supports organ and tissue donation as one of the highest expressions of compassion and generosity, and there is no donation cost to a donor's family or estate.

To sign up as an organ or tissue donor, log on to :
www.DonateLifeNewEngland.org.

ON THE MOVE




Donna Haughton has been appointed as the new Medical Staff Services Manager. Donna previously worked as the medical staff director at Florida Hospital in Orlando, FL, where she worked for six years. She is a Boston native who graduated from Emmanuel College.

VENDOR FAIR Comes to Waterbury Hospital

A community agency vendor fair, sponsored by the Waterbury Hospital Department of Case Management, will take place on

Wed., May 26, 7:30 am - 3:00 pm in the Bizzozero Conference Room

Dozens of home care agencies and companies providing durable medical equipment will be on hand to answer questions about their services and products. The vendors will also be providing door prizes to be raffled off to those who attend the events. Prizes include a DVD player, gift baskets and gift cards for area merchants. 



Let's **CLEAR** the Air!
START Now.
STOP Smoking!

Spring is in the Air: Let's Keep it Clean!

Smoking and other forms of tobacco use are not permitted anywhere on hospital property, including outdoor areas near the Emergency Department entrance, the parking lots and the spaces between the Reed and Grandview buildings. As warmer weather arrives, please refrain from smoking in these and other outdoors areas on hospital grounds. Employees who violate this policy can face discipline up to and including termination.

Resources are available for those who want to kick the habit by calling:
1-800-QUIT-NOW

Waterbury Hospital will be hosting a 6-week smoking cessation program called "Beat the Pack," with classes taking place every Monday from 4:30 p.m.-5:30 p.m. beginning May 17. The course is free for all employees of Waterbury Hospital and its affiliates, as well as their family members. Contact Jacquie Minor at Ext. 6273 for more information.



FAMILY MOVIE NIGHT AT WATERBURY HOSPITAL

**Friday
June 4
6 p.m.**

Showing in the Bizzozero Conference Room

COME SEE **UP!**

An uplifting tale of a man who embarks upon an epic journey, and brings his home along for the ride!

Employees are encouraged to bring their children and grandchildren!

Free popcorn and candy will be provided.

UPDATE

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