

Pulse

THE MEDICAL STAFF NEWSLETTER OF WATERBURY HOSPITAL

SPECIAL EDITION

DIRECTORY OF RESIDENTS

2008 - 2009



A Message from

Steven E. Schneider, MD, Vice President of Medical Affairs

One of the many special distinctions we value at Waterbury Hospital is our role as students and teachers. I link these as one because it's impossible to separate them regardless of which hat you wear. Those in teaching roles never stop learning, and those they are guiding become teachers themselves, both through the insight they provide their mentors, and as mentors to one another and others to come. Nowhere is this collaborative relationship more apparent than in our residency programs.

We have two residency programs at Waterbury, one in primary care/internal medicine sponsored by the Yale School of Medicine, and the other in surgery, sponsored by Waterbury Hospital, in association with the Yale School of Medicine and the University of Connecticut School of Medicine.

CONTINUED ON BACK COVER

GENERAL SURGERY

R E S I D E N C Y P R O G R A M



Surgical Residency Program Director

Scott H. Kurtzman, MD, FACS
Chairman, Department of Surgery

"This is a small, intimate program where the faculty can learn more about each individual resident and tailor medical training to their needs, strengths and challenges. Because we don't have competing residencies or fellowships at Waterbury Hospital, our residents can participate in a multitude of procedures such as gynecology, urology and ENT surgery – experience they might not receive or certainly would not get to the same degree at a large teaching hospital. Their overall experience here is more diverse in every aspect of patient care, and our residents who go on to fellowships at other hospitals tell us that due to their residency at Waterbury Hospital they are far more clinically experienced than many of their associates."

Chief Residents



Norina Nordin, MD

Chief Resident, General Surgery – McGill University Faculty of Medicine

"I am now in my fifth year of residency at Waterbury Hospital. I've had the opportunity to see and do a lot, to get close to the attending physicians and to meet many terrific people. The learning that takes place here is great and endless – from the operating room, to rounds and working closely with patients . . . there's much to absorb but we gain so much, as well. When you come in new it's mostly about physiology and focus on disease, but through the residency experience you see it's as much about the patient, about their differences as people, their needs and the importance of clear communication. The greatest lesson is remembering to treat others as you'd want to be treated yourself, and about building the patient into the solution. This is a life-long education, and residency is just the beginning – as a chief resident I get to lead by example and share what I'm learning."



John Zhang, MD

Chief Resident, General Surgery – Capital University of Medical Sciences, Beijing

We have a strong program, guided by a strong director and a great staff. This is where we learn to operate, though the size of the program relative to the opportunity is not equal . . . it's a small program, but that allows for a lot more learning. It's like a family here, too – we take care of one another, get expert guidance, and develop strong relationships with the attending physicians, surgeons and specialists. I came from a large teaching hospital – Washington University School of Medicine, following five years in pediatric surgical training at China's largest pediatric hospital – and truly enjoy the more personalized attention and comprehensive, hands-on experience I'm having at Waterbury Hospital. We're all good friends here – the staff here cares about our future."



Robert H. Nunoo, MD

Fourth-Year Resident,
General Surgery
Karolinska Institutet,
Sweden



Nicholas Verdura, MD

Fourth-Year Resident,
General Surgery
St. George's University
School of Medicine



Jennifer M. Malsbury, DO

Third-Year Resident,
General Surgery
Philadelphia College of
Osteopathic Medicine



**Victoria Sahadevan
Fossland, MD**

Third-Year Resident,
General Surgery
Albany Medical College



Souheil Adra, MD

Second-Year Resident,
General Surgery
American University of Beirut,
Lebanon



Daniel Tuvin, MD

First-Year Resident,
General Surgery
I.M. Sechenov
Moscow Medical Academy



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First-Year Resident,
General Surgery
Medical University
of the Americas



Kristina Bermas, MD

First-Year Resident-
Preliminary, General Surgery
Ross University



Zubin Pachori, MD

First-Year Resident-
Preliminary, General Surgery
Ross University



Bryan Mabry, MD

First-Year Resident-
Preliminary, General Surgery
St. Matthew's University
School of Medicine



**WATERBURY
HOSPITAL**

GENERAL SURGERY

YALE PRIMARY CARE

RESIDENCY PROGRAM



Yale Primary Care Internal Medicine Program Director

Stephen Huot, MD, PhD,

Associate Chair for Education, Yale Department of Medicine

"By participating in every aspect of front-line medicine including making rounds and working closely with specialists, case and social workers, therapists, nurses and other staff, our residents understand, first hand, the multi-disciplinary medical partnership that must exist to provide excellent care. And because we don't have fellowship programs here at Waterbury Hospital, residents are working directly with senior clinicians – that additional exposure and contact is a valuable asset. Our internal medicine residents split their inpatient training working at Waterbury and Yale New Haven hospitals, work at the Chase Outpatient Center for their continuity practice and rotate through 10 private internal medicine practices here in the Waterbury area. We recruit talented and competitive residents to our program, many of whom are Connecticut residents and/or medical school graduates. This also helps us meet one of our goals, which is to recruit physicians to Connecticut and the Waterbury community."

Chief Residents



Coeurlida Louis Ashby, MD

Chief Resident, Yale Primary Care – Yale University

"Being a chief resident is a privilege. I love this assignment – it demands a lot of growth, and the learning curve is as steep for me as it was during my internship. We have three primary roles: to be a teacher and supporter for the residents and staff; to help support the functional administration of the program; and to become better clinicians. Being in our fourth year, it's an extraordinary continuum of learning and helping others learn. Because I was just a resident myself, I can remember the challenges of residency and be a better advocate for the house staff. And as junior faculty, the chief group has the unique opportunity to contribute ideas and perspectives to help achieve our program vision."



Yves-line Auguste, MD

Chief Resident, Yale Primary Care – Albert Einstein

"I came to Waterbury Hospital because I liked the vision for this program. It is evidence-based medicine, compassionate, collaborative, and an intellectual center dedicated to the community and to individuals. This program is characterized by mutual respect, diversity and an all-encompassing interest in learning great medicine as a family, from the top down. I find much value in serving a multi-dimensional and multi-ethnic patient population, and feel this program is doing an excellent job of preparing us to be strong clinicians and leaders in our chosen medical niches. Plus, the staff is awesome! As a chief resident, I have become a better teacher and student – it's amazing how far we've come and how far we still have to go."



Christopher Kwong, MD

Chief Resident, Yale Primary Care – Yale University

"There's a feeling at Waterbury Hospital that you don't find at other hospitals. I completed a sub-internship here and did rotations at other hospitals, and it felt more like a family in Waterbury. People are friendly and helpful, and everyone – from ancillary staff, techs, cafeteria workers, medical staff and administrators – extends themselves. Big tertiary teaching hospitals are all business and impersonal. Here it's warm and caring, which is why I returned for my residency. We have a great program and strong program leadership – my peers and I are comfortable asking any question of anybody. It's an amazing professional team and I love coming to work."



Michael S. Ashton, MD
PGY-3, Yale Primary Care
University of Vermont



Maya Balakrishnan, MD
PGY-3, Yale Primary Care
Harvard Medical School



Yoon Hee Amy Chang, MD
PGY-3, Yale Primary Care
Albert Einstein



Shawn M. Cole, MD
PGY-3, Yale Primary Care
University of Illinois



Gregory A. Dadekian, MD
PGY-3, Yale Primary Care
Brown Medical School



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PGY-3, Yale Primary Care
Nova Southeastern
University College



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PGY-3, Yale Primary Care
Albert Einstein



Pravien K. Khanna, MD
PGY-3, Yale Primary Care
Columbia University P&S



Michael Xiang Lee, MD
PGY-3, Yale Primary Care
University of Massachusetts



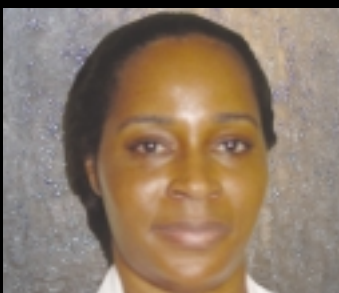
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PGY-2, Yale Primary Care
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School of Medicine





DIRECTORY OF RESIDENTS

CONTINUED FROM FRONT COVER

A Message from
**Steven E.
Schneider, MD**

VICE PRESIDENT OF MEDICAL AFFAIRS

As a fellow physician and hospital administrator I see every day how our residents constantly invigorate this environment, and how this program helps keep us all up-to-date on medical advancements. A strong residency program attracts skilled medical staff to the greater Waterbury community, many of whom choose to remain in this region and affiliate with the hospital after they complete their training. Our residents provide an important service to Waterbury Hospital, working long hours and getting to know our systems, staff and our patients. They bring with them a vibrancy and thirst for learning, which in turn further energizes our experienced staff intellectually and creatively. We – and the entire Waterbury community – are fortunate to have this strong residency program, and we're proud of our residents' accomplishments . . . as students and teachers.

Pulse

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**WATERBURY
HOSPITAL**

