

# Pulse

THE MEDICAL STAFF NEWSLETTER OF WATERBURY HOSPITAL



## The Family Birthing Center:

### Where Miracles Happen Every Day

**WELCOME TO THE WORLD:**  
Janiyah Torres, born on April 21 at Waterbury Hospital, is displayed proudly by his mom, Yvette Torres of Waterbury. Janiyah was delivered by Gabriel Hakim, MD, Chairman of Waterbury Hospital's Family Birthing Center.

#### A MESSAGE FROM

**STEVEN E. SCHNEIDER, MD**

Vice President of Medical Affairs



It would be difficult to calculate the number of babies who have been safely delivered and cared for throughout Waterbury Hospital's long, proud history (more than 1,200 in 2008 alone.) But for more than a century, obstetrics has been a cornerstone of the hospital's mission to provide the highest quality

medical services to the Greater Waterbury community.

That tradition continues as proudly and essentially today, as the hospital's team of obstetricians, neonatologists, anesthesiologists, nurse midwives, physician assistants, advanced practice nurses, nurses and technicians



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continue to provide the highest level of care to expectant mothers, new mothers and their babies. For many families, the only time spent at a hospital occurs during the birth of a child, and the staff in our Family Birthing Center make sure that experience is one that families will look back on fondly for the rest of their lives.

Indeed, the compassion and commitment that our staff shows toward their patients form the linchpin for a department that never forgets the precious and fragile nature of the miracles they routinely help bring into the world. The obstetricians who work in the Family Birthing Center are among the most skilled and accomplished you will find anywhere, but that would not account for much if they weren't, first and foremost, compassionate caregivers.

Combine that compassion with cutting edge advances in the field of delivering babies, and you have the makings for a pretty special unit. Over the last 15 years, obstetrics has seen advances that make it not only possible, but probable that expectant mothers and their babies can survive premature births and other obstacles that would have threatened their lives previously. Premature babies are now successfully delivered 28 weeks into an expectant mother's term, some of them emerging no longer than the length of an adult's hand. Yet because of these advances, the successful delivery of such fragile newborns has now become routine.

Then there are the extra steps that our Family Birthing Center has taken to make sure emergencies are met quickly and effectively. Through our partnership with Yale-New Haven Hospital, some of the best perinatologists in the country are readily available to provide consultation and expertise for women who are experiencing troubled pregnancies. And because emergencies can happen at all times of the day, we have made sure that an obstetrician is on-call and present on the floor 24 hours a day, seven days a week.

A woman's pregnancy can be a time of great joy and great stress and, sometimes, great fear. Our Family Birthing Center has the expertise, dedication and compassion to make sure that the mothers who come through our doors have the best experience possible. We know that most people remember the hospital where their children were born. We want their memories of Waterbury Hospital to be the kind they cherish throughout their lives.



Steven E. Schneider, MD  
Vice President of Medical Affairs



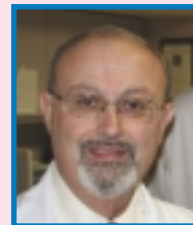
THE FAMILY BIRTHING CENTER

# Delivering Great Care

A closer look at the doctors that make the Family Birthing Center such a miraculous place!

## A Commitment to Saving Fragile Lives

We at Waterbury Hospital's Family Birthing Center are truly fortunate to have an outstanding staff of physicians, midwives, pediatric midlevel practitioners, nurses and support personnel. When expectant mothers come through our doors for the first time, they can rest assured that they will receive only the highest quality care and attention from the earliest stages of pregnancy through the exhilarating and challenging months of infancy.



As you can see in this issue of Pulse, our physicians come from a diverse range of backgrounds and specialties. But the trait they all have in common is an unwavering commitment to combining the most cutting-edge advances in obstetrics and neonatology with time-honored care and compassion for our patients.

There are many things that set our unit apart from other hospitals, but we are particularly proud of the services we provide for premature deliveries and

other troubled pregnancies. Our Level II Neonatal Special Care Nursery is a place where our most fragile newborns are routinely given the care they need to survive and ultimately thrive.

In case of emergency, we make sure that a team made up of an obstetrician and a pediatric mid-level practitioner with neonatology backup is staffed on the floor 24 hours a day, seven days a week. Our partnership with Yale-New Haven Hospital also means we have access to some of the world's most

accomplished maternal fetal medicine specialists. To educate new mothers, we offer courses in breastfeeding, childbirth and infant care.

In other words, we are a full service center for bringing healthy babies into the world. It is my honor to work with such a dedicated, talented group of people.

Gabriel G. Hakim, MD



Chairman, Family Birthing Center

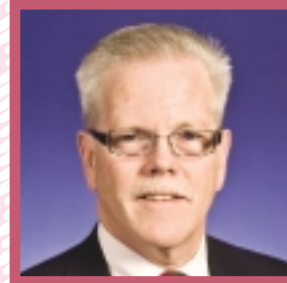
**PRACTICE:**

## Independent Obstetricians



**Gabriel G. Hakim, MD**  
Lakeside Women's Health Center  
18 Merrill St.  
Waterbury CT 06721  
(203) 574-BABY  
[www.obg1.com](http://www.obg1.com)

**Medical School:**  
Medical School at St. George's University, Grenada  
**Residency:**  
Methodist Hospital and Lutheran Hospital, Brooklyn, N.Y.  
**Personal:**  
Married with two children, Dr. Hakim enjoys traveling.



**Thomas J. McNamee, Jr., MD**  
134 Grandview Ave., Suite 106  
Waterbury CT 06721  
(203) 756-5584

**Medical School:**  
Georgetown University School of Medicine  
**Residency:**  
Georgetown University Medical Center  
**Personal:**  
Married with four children, Dr. McNamee enjoys spending time with his family.

**PRACTICE:**

## Specialists in Women's Health, PC

10 Main St. South, Lower Level,  
Southbury CT, 06488  
(203) 754-2535

Website: [www.swhc1.com](http://www.swhc1.com)

134 Grandview Ave., Suite 210,  
Waterbury CT, 06708  
(203) 754-2535



**Arthur B. Landry III, MD**

**Medical School:**  
University of Connecticut  
**Residency:**  
Hartford Hospital  
**Personal:**  
Married with two children, Dr. Landry enjoys running and restoring old cars.



**John C. Kaczmarek, MD**

**Medical School:**  
State University of New York at Syracuse  
**Residency:**  
Hartford Hospital  
**Personal:**  
Married with four children, Dr. Kaczmarek enjoys golfing, running marathons and traveling with his family.

**PRACTICE:**

# Specialists in Women's Health, PC (continued)



10 Main St. South, Lower Level,  
Southbury CT, 06488  
(203) 754-2535

134 Grandview Ave., Suite 210,  
Waterbury CT, 06708  
(203) 754-2535

Website: [www.swhc1.com](http://www.swhc1.com)

The Family Birthing Center  
also offers a  
**Low Intervention  
Birthing Option**

The midwives who work in the Family Birthing Center are trained to work with mothers to produce successful low intervention deliveries. They are affiliated with Specialists in Women's Health, PC.



**Jenna  
LoGuidice**

**Training:**  
Yale University  
**Midwife experience:**  
One year  
**Personal:**  
Jenna is married and  
enjoys traveling and  
swimming.



**Loretta  
Richardson**

**Training:**  
Stony Brook University  
**Midwife experience:**  
10 years  
**Personal:** Loretta is  
married with two  
children and enjoys  
skiing and running.



**Claudia Grogean, MD**

**Medical School:**  
University of Connecticut School of Medicine

**Residency:**  
University of Connecticut

**Personal:**  
Married with two daughters, Dr. Grogean enjoys  
bicycling and taking bicycling vacations with her  
family (she and her husband once bicycled from  
San Diego to Connecticut on a 49-day trip.)



**Eleanor A. Berry, MD**

**Medical School:**  
University of Maryland School of Medicine

**Residency:**  
University of Connecticut

**Personal:**  
Married with three children, Dr. Berry enjoys  
running on the treadmill and spending time  
with her family.



**PRACTICE:**

# Center For Women's Health, PC

60 Westwood Ave #100  
Waterbury, CT 06708  
(203) 573-1425



## Frederick L. Cohn, MD

**Medical School:**

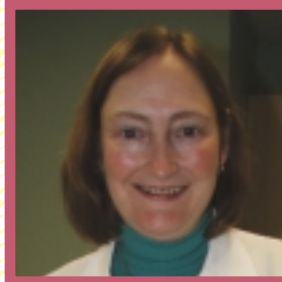
Yale University School of Medicine

**Residency:**

Yale-New Haven Hospital

**Personal:**

Married with four children ranging in age from 30 to 12, Dr. Cohn tries to find time to play golf when the weather is nice.



## Anne S. McNulty, MD

**Medical School:**

University of Connecticut School of Medicine

**Residency:**

Medical College of Virginia Department of Obstetrics and Gynecology

**Personal:**

Dr. McNulty is being recognized this year for being the first woman OBGYN to work in Waterbury. She has been in practice for 25 years. She is married with a son, and enjoys cooking and traveling.



## Marcia L. Tejada, MD

**Medical School:**

Boston University School of Medicine

**Residency:**

Columbia University Medical Center

**Personal:**

Married with a 6-year-old daughter, Dr. Tejada enjoys entertaining at her home.



## John M. Lewis, MD

**Medical School:**

McGill University Medical School, Montreal

**Residency:**

McGill University affiliated hospitals

**Personal:**

Dr. Lewis enjoys ice skating, gardening, traveling and spending time with his wife, Kathy, and their cats, Zachariah and Kermit.

**PRACTICE:**

# Center For Women's Health, PC (continued)



**Jonathan T. Foster, MD**

**Medical School:**  
Yale University School of Medicine  
**Residency:**  
Harvard Medical School, Brigham and Women's Hospital  
**Personal:**  
Married with three children, Dr. Foster enjoys fly-fishing, hunting, skiing, rooting for the Boston Red Sox and playing soccer with the Connecticut Adult Recreation League.



**Claire F. Ventre, MD**

**Medical School:**  
Georgetown University Medical School  
**Residency:**  
Wilford Hall USAF Medical Center, Lackland Air Force Base, Texas  
**Personal:**  
Married with two children and a 3-year-old grandchild, Dr. Ventre enjoys cooking and flyfishing.



**PRACTICE:**

## Center For Women's Health, PC (continued)



**J. David Millerick, MD**

**Medical School:**

University of Health Sciences/The Chicago Medical School, Chicago

**Residency:**

Hartford Hospital

**Personal:**

Married with three children, Dr. Millerick enjoys sailing, camping, hockey and other outdoor activities.



**Mary L. Zozulin, MD**

**Medical School:**

Medical University of South Carolina

**Residency:**

Keesler Air Force Base Medical Center, Biloxi, MS

**Personal:**

Dr. Zozulin enjoys family vacations, kayaking, hiking and caring for women and children.

**PRACTICE**

## Associated Women's Health Specialists, PC

140 Grandview Ave.  
Suite 202  
Waterbury, CT, 06708

133 Scovill St.  
Suite 206  
Waterbury CT, 06706

(203) 755-2344

The physicians at Associated Women's Health Specialists are (front row, left to right) **Janet Lynne Vodra, MD**, **Elisa M. Benzoni, DO** and (back row, left to right) **Richard Holden, MD** and **Ian Cohen, MD**. Dr. Cohen founded the practice in 1977. He earned his medical degree at New York University and completed his residency at Yale-New Haven Hospital. Dr. Holden earned his medical degree at the University of Cincinnati and completed his residency at Yale-New Haven Hospital. Dr. Vodra earned her medical degree at the University of Miami and completed her specialty training in OBGYN at the University of South Florida. Dr. Benzoni is a graduate of the University of New England College of Osteopathic Medicine and completed her OBGYN residency at the Medical Center of Delaware.





THE FAMILY BIRTHING CENTER

# Neonatologists

# Pulse



**Joseph M. Tuggle, MD**  
Director, Neonatology,  
Waterbury Hospital  
Complete Newborn Care  
PO Box 372  
Southbury CT 06488  
(203) 267-6644

**Medical School:**

Medical College of Georgia

**Pediatric Residency:**

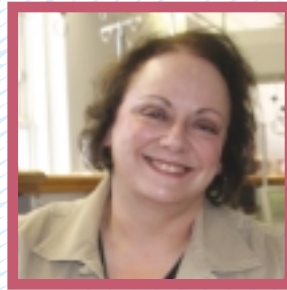
Madigan Army Medical Center, Tacoma, Wash.

**Neonatology Fellowship:**

Walter Reed Army Medical Center/Naval Hospital Bethesda

**Personal:**

Married with three children and a grandson, Dr. Tuggle enjoys researching his family history and cooking.



**Diana M. Lippi, MD**  
Complete Newborn Care  
PO Box 372  
Southbury CT 06488  
(203) 267-6644

**Medical School:**

University of Southern California

**Pediatric Residency:**

Children's Hospital of Los Angeles

**Neonatology Fellowship:**

Fletcher Allen Hospital of Vermont

**Personal:**

Dr. Lippi enjoys cooking, reading and movies.

# Pulse

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**ASSISTANT EDITOR: MATT BURGARD**

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Waterbury, CT 06708  
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**WATERBURY  
HOSPITAL**

